

# THE RAM REPORT

October 8th, 2023

*Upward We Strive*

## REYNOLDS RAP

Homecoming 2023 is in the books, and what an outstanding week it was! Special thanks to all of the SGA students and sponsors (Ms. Sullivan, Ms. Jordan, & Ms. Knowles) for planning such a special week!

**This week is Exam Week, with SAT School Day for all seniors on Wednesday.** Part of the schedule is posted to the right, but the full schedule is attached to the email for your reference. Parents, please sit down with your children to discuss their exam preparation and ensure they are eating and sleeping properly. Quarter exams count as 20% of the grade in every class. For SAT School Day, all seniors will take their SAT, which will conclude by noon, and then will be dismissed for their 30-minute lunch period and be expected to return to their 7th period classes. Only seniors who do not have a 7th period will be allowed to leave after the test. Please be aware that next Monday (Oct. 16) is a teacher workday, so at the conclusion of quarter exams, students will get a 3-day weekend.

This week is also Hispanic Heritage Month Spirit Week. Did you know that 33% of LMHS's students are Hispanic? We have students whose families come from many, different countries, and we are excited to take this time for students to celebrate their heritage!

Let's make it a great week in RamNation!

-Dr. Reynolds

## WHAT'S NEW IN RAMNATION

### Nine Weeks Exam Week

LAKE MARY HIGH SCHOOL

2023-2024 1<sup>ST</sup> QUARTER EXAM SCHEDULE



|   |                       |
|---|-----------------------|
| Monday, October 9 <sup>th</sup>           | Period 3 (ONLY)       |
| Tuesday, October 10 <sup>th</sup>         | Period 1 & 5          |
| <b>Wednesday, October 11<sup>th</sup></b> | <b>SAT SCHOOL DAY</b> |
| Thursday, October 12 <sup>th</sup>        | Period 2 & 6          |
| Friday, October 13 <sup>th</sup>          | Period 4 & 7          |

| MONDAY, OCTOBER 9 <sup>TH</sup> (3RD PERIOD EXAM) |                |                 |              |
|---|----------------|-----------------|--------------|
| PERIOD  | START          | END             | HOUR/MINUTES |
| First Bell  | 7:15           |                 |              |
| 1st Period  | 7:20 AM        | 8:07 AM         | 47           |
| 2nd Period  | 8:13 AM        | 9:00 AM         | 47           |
| <b>3rd Period EXAM</b>                            | <b>9:06 AM</b> | <b>10:16 AM</b> | <b>1:10</b>  |
| 4th Period  | 10:22 AM       | 11:10 AM        | 48           |
| 1ST LUNCH   | 11:10 AM       | 11:40 AM        | 30           |
| 5TH PERIOD - A CLASS                              | 11:46 AM       | 12:33 PM        | 47           |
| 5TH PERIOD - B CLASS                              | 11:16 AM       | 12:03 PM        | 47           |
| 2ND LUNCH   | 12:03 PM       | 12:33 PM        | 30           |
| 6th Period  | 12:39 PM       | 1:27 PM         | 48           |
| 7th Period  | 1:33 PM        | 2:20 PM         | 47           |

| TUESDAY, OCTOBER 10 <sup>TH</sup> (1ST AND 5TH PERIOD EXAM) |                 |                 |              |
|---|-----------------|-----------------|--------------|
| PERIOD  | START           | END             | HOUR/MINUTES |
| First Bell  | 7:15 AM         |                 |              |
| <b>1st Period EXAM</b>                                      | <b>7:20 AM</b>  | <b>8:33 AM</b>  | <b>1:13</b>  |
| 2nd Period  | 8:39 AM         | 9:21 AM         | 42           |
| 3rd Period  | 9:27 AM         | 10:10 AM        | 43           |
| 4th Period  | 10:16 AM        | 10:58 AM        | 42           |
| 1ST LUNCH   | 10:58 AM        | 11:28 AM        | 30           |
| <b>5TH PERIOD - A CLASS EXAM</b>                            | <b>11:34 AM</b> | <b>12:44 PM</b> | <b>1:10</b>  |
| <b>5TH PERIOD - B CLASS EXAM</b>                            | <b>11:04 AM</b> | <b>12:14 PM</b> | <b>1:10</b>  |
| 2ND LUNCH   | 12:14 PM        | 12:44 PM        | 30           |
| 6th Period  | 12:50 PM        | 1:32 AM         | 42           |
| 7th Period  | 1:38 AM         | 2:20 PM         | 42           |

## FILL THE TRUCK FOOD DRIVE

Help local families in need by bringing the following items to the Varsity Football game on Friday October 13th



FRUIT CUPS  
APPLESAUCE  
PANCAKE MIX & SYRUP  
CEREAL  
OATMEAL  
PROTEIN BARS  
CANNED CHICKEN  
CANNED TUNA  
CANNED MEAT  
HEARTY SOUPS  
PASTA  
PASTA SAUCE

MAKE A DONATION TO MY SCHOOL BUCKS



INSTANT POTATOES  
MAC & CHEESE  
RAMEN NOODLES  
CHEF BOYARDEE  
SUDDENLY SALAD  
PEANUT BUTTER & JELLY  
2 LB BAG OF RICE  
TACO KITS  
YELLOW RICE  
CHICKEN HELPER  
TUNA HELPER

# Athletics Update

## Events for October 2-7

### Football

**Wednesday:** Freshman Home vs. Apopka. 5:30pm.

**Wednesday:** JV Home vs. Apopka. 7:00pm.

**Friday:** Varsity Home vs. Evans (Senior Night). 7:00pm.

### Girls Golf

**Tuesday:** Match vs. Bishop Moore @ Legacy Club. 3:00pm.

**Friday/Saturday:** Honda Classic @ PGA National. TBA

### Boys Golf

**Monday:** SAC Championships @ Tusawilla CC. 8:00am.

**Friday/Saturday:** Benjamin School Invitational @ PGA National. TBA

### Cross Country

**Saturday:** Hawks Last Chance Open @ Lake Minneola. 7:00am.

### Girls Volleyball

**Tuesday:** Home vs. Oviedo. Freshman @ 4:30pm, JV @ 5:30pm, Varsity @ 7:00pm.

**Thursday:** Away vs. Boone. Freshman @ 4:30pm, JV @ 5:30pm, Varsity @ 7:00pm.

### Bowling

**Monday:** Match vs. Hagerty @ Oviedo Bowling Center. 3:30pm

**Wednesday:** Match vs. Oviedo @ Airport Lanes. 3:00pm

### Swimming

**Wednesday:** SAC Championships @ Seminole. 4:00pm.

### Announcements

Girls weightlifting will hold tryouts after school all week in the weightroom. Tryouts will start right away at 2:30pm (1:30pm on Wednesday).

Tickets to all sporting events hosted by Seminole County Public School are only offered through GoFan. Cash is not accepted. Ticket prices for the 23-24 school year are as follows:

Varsity Football: \$9 (This is the only ticket option offered to Varsity Football)

Adult Ticket to non-varsity football: \$8

Student Ticket to non-varsity football: \$5

# Clubs & Activities

**Wanna Pickleball?** There will be a Pickleball interest meeting in Coach Reagan's room Portable 9 Monday October 9 after school.

**Mock Trial:** The 2024 Mock Trial Court case is in! This case involves a student kicked out of college for using AI! Please plan to attend the Rams Mock Trial Team Meeting on Oct 11, 2023 immediately after school in room 1-203. Please make sure you have a permission slip which can be found outside of room 203 or 222.

**Youth In Government:** There will be a brief 15-minute interest meeting immediately after school Wed Oct 11 in room 1-203 for students interesting in learning more about our YOUTH IN GOVERNMENT. Please make sure you have a permission slip which can be found outside of room 203 or 222.

**Student Open Forum:** The next Be the Change Open Forum will be held Tuesday, October 17th @ 2:30 in the GPR. The theme is Culture Club. Join us as we explore the many different cultures at LMHS. Get to know the clubs we have on campus whose purpose it is to celebrate and educate both culture and inclusivity. Pizza and community service will be provided.



**Hispanic Heritage Spirit Week**

**Oct. 9**  
*Como la flor | Jersey day*  
Wear your flower crowns like Frida Kahlo and/or your favorite soccer or baseball jersey!

**Oct. 10**  
*Crazy hispanic sock day!*  
Wear your favorite socks!

**Oct. 11**  
*Chanclas vs Botas*  
Wear your sandals or your boots and let's see who wins!

**Oct. 12**  
*Familia Day!*  
Dress like twins with someone you consider family.

**Oct. 13**  
*Flag day!*  
Wear the colors of your flag or the colors of a Hispanic country you have visited.

# Student Information

**Senior Quotes!** Seniors, now is your opportunity to submit your Senior Quote! Please visit the Senior eCampus page for a guideline explanation and the submission link. The last day to submit your Senior Quote is October 31st.

**Senior Ads:** Parents of seniors can also reserve a Senior Dedication/Ad space by visiting [www.yearbookordercenter.com](http://www.yearbookordercenter.com) and use the job code: 21630. This is a great way to tell that special senior in your life how proud you are of them! Senior Dedications/Ads can be reserved until November 17th. Don't delay, as space is limited.

**Yearbooks on Sale:** Now is the time to reserve your student's copy of the 2024 Chrysomallus Yearbook. The price is \$75.00 but will raise as the year progresses. Act now to ensure you get your copy of this 2x sold out Yearbook! To order, visit [www.yearbookordercenter.com](http://www.yearbookordercenter.com) and use the job code: 21630.

**Senior Portraits:** It's not too late to get your senior's portrait taken and get them into our 2024 Senior Section of this year's Chrysomallus Yearbook. CADY Studios is accepting appointments for Senior Portraits from now until November 12th. Once November 12th passes, no further senior portraits will be included in this year's book, so be sure to book your senior's appointment now. [CLICK HERE](#) to schedule.

## Appointments with School Counselors

For students to make an appointment with their counselor, please go to LMHS website, select student services> Counselor and appointments. From there, you will see the student booking appointment link. For parent appointments please reach out to Mrs. Maupin at 407-320-9548. Students, if you need to speak to your School Counselor, please do not hesitate to come to the Student Services Office for assistance.

## Community Service Volunteer Hours

We encourage students desiring to qualify for the Bright Futures Scholarship to complete and turn in your volunteer hours. Students can obtain SCPS Volunteer Guidelines in the student services office.

## After School Tutoring

Face-to-Face tutoring is offered every Tuesday and Thursday in the Media Center from 2:45 - 4:15. Tutoring is available for most academic subjects, homework help, including Plato and SAT tutoring. Students must submit a registration form to attend

# Student Services

## Save the Dates

**October 18**-Dual Enrollment Info Session @ SSC  
**November 6-10:** College & Career Week at LMHS

## Upcoming College Visits

Students if you are interested in gathering information about colleges and speaking to a College Representative mark your calendar. Sign-up available in the Student Services Office.

**Monday, October 23** - **University of Alabama** on LMHS Campus

**Friday, November 10** - **Seminole State College** of Florida @SSC

## Decision Day at SSC

Decision Day at Seminole State College will be held on Friday, November 10. Spend the day with your friends and learn everything you need to know about Seminole State. Transportation and lunch will be provided. Sign up to attend at [seminolestate.edu/decisionday](http://seminolestate.edu/decisionday). Permission slips are due to LMHS Student Services by Friday, Nov 3rd.

## Virtual Courses

All SCVS/FLVS classes must be completed by the deadline provided by your online teacher. Make sure you stay on task with the modules in your course. All students enrolled in a virtual course must complete the virtual contract and return it to your school counselor.

## Letters of Recommendation

Seniors as you are starting to apply to college, requests for letters will come to your school counselor. Be sure to complete the "Counselor Letter of Recommendation" form located in the Student Services Office or on our school website. You may email this directly to your counselor or give it to Mrs. Maupin in Student Services to submit to your counselor. Please allow 2 weeks before you return to pick up your letter.

## SSC Dual Enrollment

Do You Have Questions About Dual Enrollment or are you looking to learn more about the program? SSC will be hosting Information Sessions that will provide you with the information needed to participate. Each session will last approximately one hour and will include a time for questions and answers. The next information session is scheduled for Oct. 18. Visit the website for additional info: <https://www.seminolestate.edu/dual-enrollment>

# Testing Update

## Save the Date

The **ACT** will be given to all 11th grade students on Tuesday, October 31 and Tuesday, March 26 during the school day. (This will be paper based testing.)

The **SAT** will be given to all 11th grade students in March, 2024 during the school day. This will be computer based and specific testing dates will be set closer to the time.

Students will not need to register for these assessments and there will be no charge. More information will be sent out closer to each testing date.

## PSAT/NMSQT

The digital PSAT/NMSQT will be given to all 9th-11th grade students in October.

All 9th grade regular testing time students will test on Thursday, October 19. Half of 10th grade regular testing students will test on Thursday, October 19 and half will test on Friday, October 20. All 11th grade regular testing time students will test on Friday, October 20. Testing will begin at 7:20am and will be completed by 11:00am.

Any students who have been approved by College Board for accommodations will test on another date within the testing window (October 17-October 27). Specific date information will be sent out soon.

For juniors, the PSAT is the only avenue to the National Merit Scholarship Program. For sophomores and freshmen, PSAT scores are used to qualify for registration in some Advanced Placement courses. PSAT Math concordant score of 430 will meet the Algebra 1 EOC math testing graduation requirement. All students will take the PSAT free of charge and students do not need to register for this.

Students should bring pencils, a calculator (can be used on all math sections), and snacks. Calculators will not be provided. Students will be tested on school computers. The PSAT Calculator Policy is attached.

To find out more about the digital PSAT and to take a practice test, go to [psat.org/digital](https://psat.org/digital)

# Testing Update

## SAT School Day

The SAT will be given to all 12th grade students on Wednesday, October 11 (straight 7 bell schedule) during the school day. Students can set up a College Board account at [www.collegeboard.org](https://www.collegeboard.org) and can link their account to Khan Academy where they have access to official SAT practice items. 12th grade students will take the SAT free of charge and there will not be any make-ups. Students do not need to register for this. This will be a paper/pencil test.

The SAT will take place during periods 1-5 and will begin at 7:20am. Students will go to lunch from 11:50-12:32pm (6th period) and will then attend their regular 7th period class.

Students should bring pencils, a calculator, and snacks. Calculators will not be provided. The SAT School Day Parent Letter and SAT Calculator Policy is attached.

Students will receive the SAT Student Guide through their English class or can get one from Media. To access the Student Guide, [CLICK HERE](#)

Students and parents will be sent an email with the student testing room information before the testing day.

## National SAT/ACT Testing Dates

Students can register through College Board ([www.collegeboard.com](https://www.collegeboard.com)) and ACT ([www.act.org](https://www.act.org)) to take these tests on a Sat. National Testing Date.

**SAT** – October 7, November 4, December 2, March 9, May 4, and June 1

**ACT** – October 28, December 9, February 10, April 13, June 8, July 13

## CITY OF SANFORD

### WHAT?

FREE TUTORING/  
MENTORING

### WHEN?

Mon.-Thurs.  
4:00-7:00 PM

### WHERE?

Dr. Velma H Williams  
Westside Community Center  
919 S. Persimmon Ave.  
Sanford, FL 32771  
(407) 330-2456

Add text  
CONTACT

BRITT HENDERSON (321) 262-3284  
TAMMIE GORDON (407) 320-5225

### TUTORIAL SERVICES

TUTORING/  
MENTORING  
Math  
Science

COLLEGE  
PREPAREDNESS  
SAT/ACT  
PSA/EOC

### COMPUTER LAB

TESTING  
FAFSA  
REGISTRATION  
KHAN ACADEMY  
PLATO  
HOMEWORK

CERTIFIED  
TEACHERS/  
TUTORS  
Mrs. Tammie  
Gordon

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